

Keeping People Connected for people with a Learning Impairment and/or Autism



At DAD we are doing our best to support people at this difficult time.



We want to help people stay safe, healthy and not feel alone.



Keeping People Connected is free and available now for people with Learning Impairment and/or autism who need support.

The support is flexible and personalised, helping you to understand the current situation. Support can include regular telephone calls and online activities.

See overleaf for some of the activities and

Coffee and a chat via videolink

Gaming Sessions

Seated Yoga

Drawing classes

Sowing sunflower kits

Quiz via videolink

Laughter Yoga

Setting up friendly chats on conference calls

**Funded by NHS County Durham CCG
& NHS Tees Valley CCG until 31st July 2020**



For more details contact:

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