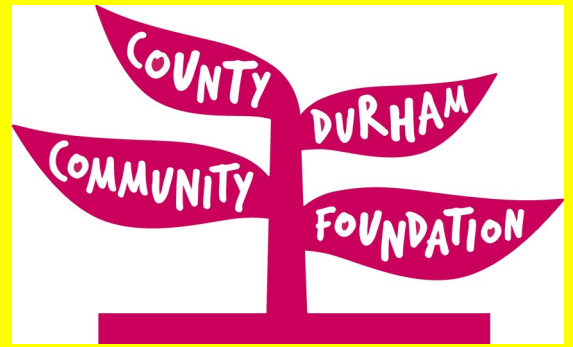


Wiggle and Giggle!



Free for Disabled people and unpaid Carers

DAD is offering free dance fitness sessions :

Monday 14th May 1—2.30pm

Tuesday 21st May 1—2.30pm

Friday 1st June 1—2.30pm

Monday 4th June 1—2.30pm

Tuesday 12th June 1—2.30pm

Friday 22nd June 1—2.30pm

At DAD's Independent Living Hub, West Lodge,
West Crescent, Darlington DL3 7PS

Call 01325 254840 to book your place

**Darlington Association
on Disability**

Centre for Independent Living

Registered Charity No. 1125848 / Company
6688735

